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**The Protocol of the
Elders of Thule**

Nietzschean mindbuilding Program.

Welcome in the Protocol of the Elders of Thule, nietzschean mindbuilding program.

The program has for purpose to build you a powerful mind in each field of life.

Whatever your purpose, professional, private, sentimental, in sports or studies, it's the mind who makes finally the difference.

The Protocol is the result of a long reflexion on the nietzschean philosophy and his practice.

Read the ebook with method and i guarantee you will be a new man.

First step

The realization :

First, read the speech « the three metamorphoses » in « Thus spoke Zarathustra » from Nietzsche (1). It's about the metamorphoses of the spirit.

You are a camel. You carry the weight of your traumas, habits and fears.

Make the test of the Superman of the Nietzsche academy (2).

You are middle. Get out of your comfort zone. Don't settle for the average. Get out of the herd.

The documents (1) and (2) are attached at the end of the ebook.

Second step

The transformation :

Become a lion. Free yourself from the burden of the camel. Break the habit. Man is something that must be overcome. Overcome yourself. Repeat the quotes of Nietzsche like mantras during the bad moments. Tell yourself that the world of phenomena exists only in your head. The truth world is in your will and your concrete action. Forget the rest, forget the other people's eyes, the opinions.

« There are no moral phenomena, there are only moral interpretations of the phenomena. » has written Nietzsche in « Beyond good and evil ».