

OVERCOME YOUR OBSTACLES

DEDICACE

I dedicate this book to two people who have marked my life but who unfortunately are no longer with us. I quote my late father Didier MUKONKOLE NGOY who was my first mentor and inspiration, my late best friend and business partner Alvin Godard TSHIBANGU.

My life changed dramatically because of these two loved ones, and what I learned from them made me the person I am today.

Chapter I When it feels like the whole world is against us

- Who am I?
- What do I want?
- What is my potential?

Chapter II How to overcome these situations which apparently have no solutions

- Understanding the problem
- The Case of the Stolen Car: Part I
- Create a plan
- The case of the stolen car: Part II
- The case of the stolen car: Part III

Chapter III How to reduce negative influences in your life

- Surround yourself with positive people
- Change your lifestyle
- Fighting negative thinking

Chapter IV Take control of your life

Chapter V Influencing those around you

INTRODUCTION

I started writing this book a few weeks before I lost my job 2 years ago and finishing it was a huge challenge, a very big obstacle that I had to overcome because that's what it's about. So this book is as much for you as it is for me.

I like a thought developed by an American author named *Kevin Daum* on how to identify and overcome the most surprising obstacles and he says:

"If it was easy to achieve the goals, everyone would do it quickly and easily. Even if your vision is clear and you can articulate a detailed destiny, there are always obstacles along the way. It is the joy of overcoming these obstacles that makes life rich, and helps people feel truly fulfilled when they finally reach their peak of success. »

Whatever your objective, there will be obstacles in your path. How will you respond?

You set goals and have dreams that you want to achieve. You are excited about life and what you want it to be. You start working to make your dreams come true. Then you encounter obstacles.