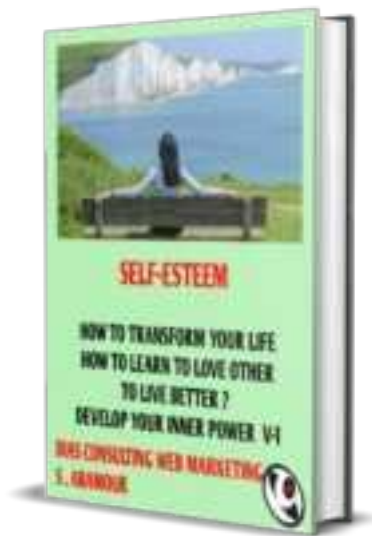




By **Par Said Abamour**
Dias Consulting Web Marketing

<https://www.dias-web-marketing-consulting.com>

Self-esteem
How to transform your life
How to Learn to Love Each Other
for better living
Develop your inner power

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1 Table of Contents

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1	Table of Contents.....	2
2	Presentation by the author.....	6
3	From the same author.....	7
4	Introduction.....	8
5	Having confidence in yourself.....	9
5.1	What is self-confidence?.....	9
6	What is self-esteem?.....	10
6.1	Definition.....	10
6.2	Self-esteem.....	11
7	The difference between self-esteem and self-confidence ?.....	12
7.1	Self-esteem.....	13
7.2	Self-confidence.....	13
8	Types of self-esteem.....	14
8.1	High and stable self-esteem.....	14
8.2	High and unstable self-esteem.....	14
8.3	Low and stable self-esteem.....	14
8.4	Self-esteem Low and unstable.....	14
8.5	Love of self.....	15
8.6	Self-confidence.....	16
9	The different areas of self-esteem:.....	17
10	Self-esteem is based on 3 Axes.....	18
10.1	Love of self.....	18
10.2	Self-confidence.....	18
10.3	Self-image Self-image :.....	18
11	The emotions.....	19
11.1	Low self-esteem.....	19
11.2	High self-esteem.....	19
12	Pillars of self-esteem.....	20
12.1	The level of self-esteem.....	20
12.2	The love of self.....	20
12.3	The image of oneself or the vision of oneself.....	20
12.4	Self-confidence.....	20
13	Lack of self-esteem.....	21
13.1	Symptoms of low self-esteem.....	21
14	Lack of confidence & self-esteem.....	22
14.1	How to treat lack of self-confidence and self-esteem ?.....	22

14.2	Lack of self-esteem or self-confidence.....	22
14.3	Mechanism of low self-esteem or confidence.....	22
14.4	Consequences of lack of self-esteem or self-confidence.....	23
14.5	Causes of low self-esteem and self-confidence ?.....	23
15	Lack of self-confidence.....	24
15.1	Causes of lack of self-confidence.....	24
15.2	Identify causes and origins.....	24
15.3	Errors that destroy self-confidence.....	24
15.4	How to deal with the lack of self-confidence and self-esteem ?.....	26
15.5	Treatment of lack of self-confidence.....	26
16	Building self-esteem.....	27
16.1	How to build self-esteem ?.....	27
16.2	Cultivate self-esteem.....	27
16.3	Self-esteem is built up with time and effort.....	28
17	Improving Self-confidence.....	34
17.1	How can you improve your self-confidence ?.....	34
18	Improving self-esteem.....	38
18.1	Exercises to Improve Self-esteem.....	38
19	Developing self-esteem.....	39
19.1	Exercise of self-esteem.....	39
20	Maintaining self-esteem.....	42
20.1	Getting to know each other in order to move towards self-acceptance.....	42
21	The subconscious.....	45
21.1	The functioning of the subconscious.....	45
21.2	Programming the subconscious.....	46
21.3	How do I breathe properly to relax immediately ?.....	47
21.4	Steps for programming the subconscious.....	47
22	Self-hypnosis to act on the subconscious.....	48
22.1	The subconscious.....	48
22.2	Hypnosis.....	48
22.3	Self-hypnosis.....	49
23	The subconscious.....	50
23.1	The subconscious.....	50
23.2	How to fight your limiting beliefs ?.....	50
23.3	The Healing Process.....	51
24	Beliefs.....	52

24.1	Our beliefs.....	52
25	Limiting Beliefs.....	53
25.1	How to get rid of Limiting Beliefs ?.....	53
25.2	How to fight your limiting beliefs ?.....	53
26	Techniques for Overcoming Limiting Beliefs.....	54
26.1	Positive statements.....	54
26.2	Act as if.....	54
26.3	Creative visualization.....	55
27	Personal Development.....	56
27.1	Motivation through Positive Thinking.....	56
27.2	Positive statements.....	56
27.3	Practicing Positive Thinking.....	56
27.4	Repeat the statement.....	56
27.5	To add more power to the statement.....	57
27.6	Letting go.....	57
27.7	The Communication.....	57
28	Assess your self-esteem with Tests.....	58
28.1	Self-esteem test.....	58
29	Changing negative thoughts.....	59
29.1	Negative thoughts.....	59
29.2	Don't Say Phrases.....	60
29.3	Sentences to be said.....	61
29.4	Taking care of your body.....	61
29.5	Giving oneself the right to error.....	61
30	Assertiveness of self.....	62
30.1	Asserting oneself.....	62
30.2	Assertiveness is linked.....	62
30.3	Asserting oneself allows.....	62
30.4	Asserting oneself exercise.....	63
30.5	Letting go.....	64
30.6	Communication.....	64
30.7	Building Confidence.....	65
30.8	Self Esteem Staying Positive.....	65
31	Comfort zone.....	66
31.1	If you are outside your comfort zone.....	66
31.2	The comfort zone is extendable. You can expand it at will.....	66

31.3	A greater comfort zone.....	66
31.4	Building Confidence.....	66
32	Learning to love each other.....	67
32.1	Breathing to calm down.....	67
32.2	Love and Accept the Present.....	67
32.3	Forgiving Oneself of Failures.....	67
33	Steps to Learning to Love Yourself.....	68
33.1	Stand in front of your mirror.....	68
33.2	Avoid jealousy.....	68
33.3	Make a list of your qualities.....	68
33.4	Managing Failures and Negativity.....	68
33.5	Do not compare.....	68
33.6	Dare to say No.....	69
33.7	Accepting oneself.....	69
33.8	Loving Yourself.....	69
34	Self-esteem for a better quality of life.....	70
34.1	Yes for a more harmonious Life.....	70
34.2	Yes for More happiness.....	70
34.3	Taking control of your life.....	70
34.4	The criticisms.....	70
34.5	The motivation.....	71
34.6	The failure.....	71
34.7	The emotions.....	72
35	Conclusion.....	73
35.1	Conclusion.....	73
36	Thank you.....	76

2 Presentation by the author



Said Abamour

Creator and manager of many websites as well as various internet business through the company Dias consulting web marketing.

I am a Specialist in Creation of:

- **Business**
- **Website**
- **Negotiation**
- **Marketing, web marketing**
- **Online business**
- **Business Plan**
- **E-commerce**
- **Affiliation**
- **Self-esteem**
- **POD Online Store**

The goal for me is **to create Quality and Value.**

To help you and positively impact you.

I have the solution for you.

In this e-book I reveal my experience, my observations.

To enable you, too, to

- **Develop your self-esteem**
- **And have confidence.**

3 From the same author

How to create and make your Website more attractive V-1



Self-esteem

How to transform your life?

How to learn to love other to live better?

Develop your inner power. V-1



Self-esteem

Personal development

With Self-esteem & self-confidence V-1



Strategic Marketing & Operational Marketing **"in french"**



Negotiation how to sell with negotiation **"in french"**



4 Introduction

Let me give you some good advice.
Which you can easily apply.
This e-book is a guide to transforming your life,
With **The Self-esteem.**

Practical techniques and exercises such as :

- Positive thoughts
- Statements
- Visualizations

Self-confidence is essential for anyone performing
A personal development approach.

That it be for :

- Realize your dreams
- Dare to take action
- Make the right decisions
- Be happy every day.

Your life can change the day you realize it,

- Self-confidence is built
- Shapes itself
- And talks

Through techniques and concrete actions.